



How to Tie Your Waist beads

01.22

MATERIALS REQUIRED

Spangles Waist Beads



A Candle & Match Sticks



A small size Hair Pin

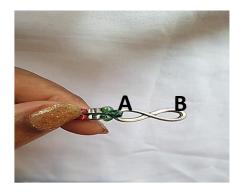


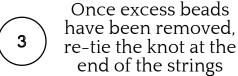
A Pair of Scissors





Spangles Waist Beads come with a metallic loop already tied at one end (A)







2

The other end of the waist beads has some loose strings, When you cut off the knot at the end of the strings, you can adjust the waist beads by pulling off the excess beads.

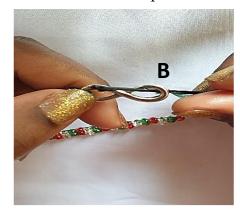


4

Run the knotted end through the hair pin



Run the string on the hair pin, through the other end of the metallic loop (B),



Pull the beads on the 2nd line back slightly, to create a bit of space between the 2nd row and the 3rd.



Pull the string through until the metallic loop is close to beads



Run the string, which is still attached to the hair pin, through the space you created in stage 7.



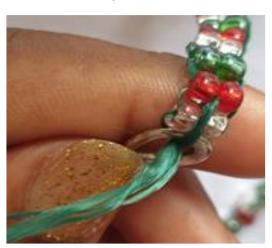
9

Pull the string, attached to the hair pin from below and let it go through the middle of 2nd and 1st rows of beads.



Run the string through the metallic loop again.





Once it is done properly, it should look like the diagram below.



For a more secure knot, repeat steps **8-10** but this time, go through the 1st row, **NOT** the 2nd.





Run the string through the metallic loop.



Pass the string through the hole made by your thumb and pull through. Make this knot twice.



Make a knot by going over your thumb with the string whilst holding onto the metallic loop. Then go below the beads and come up on the other side with the string.



Cut off the excess string, about 1 cm away from the knot.

16



15

Light the candle and burn off the 1 cm excess string.





〔19〕

Push up the beads to cover up the spaces made during the process of knotting.



Pat-down the end of the burnt off string. This will further secure the knot and prevent the excess string from fraying.





When successfully done, it should look like the diagram below. You should then be able to slip the waist beads over your head to your waist.







Thank You





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